

HAPPY MOTHER'S DAY

WHITSUNDAY LEISURE ACTIVITY CENTRE SOCIAL CIRCLE

MAY 2026

We trust everyone had a lovely Easter break! It's hard to believe we are already in May, NEARLY 6 MONTHS INTO 2026!!! With the wet season easing off we are now coming into our cooler months of the year where aircon's are off, blankets and slippers are on!

Please be mindful the flu season is upon us, speak to your GP about the vaccine and if it's an option for you. If you are feeling unwell and have flu like symptoms please refrain from attending the Centre to avoid spreading onto other participants and staff.



WHITSUNDAY
Leisure Activity Centre

"Where we share the care"

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FIND US ON FACEBOOK



We will be hosting two events this month. A spectacular **High Tea and MOTHER'S DAY LUNCHEON** with a raffle on **Friday 8th May** followed by the **BIGGEST MORNING TEA** on **Wednesday 20th May** with a cent sale and bake sale. If you would like to donate a prize for the cent sale please come in or call the Office on 4945 2189. Ticket sales have commenced for the Mother's Day raffles so please see the office if you wish to purchase tickets. We have a display set up in the Centre so please come in if you would like to know what prizes will be up for the taking! If you would like to attend these special events and they are not your regular days, please book in with the office.

The Centre will be
closed on the following
Public Holiday
Labour Day - Monday
4th May

April Highlights

OUTINGS

- MORNING MELODIES AT THE PEC SINGING ALL THE SEEKERS HITS, FABULOUS MORNING.
- THE SHOPPING CREW SPENT A MORNING AT WHITSUNDAY PLAZA.
- OUR MONTHLY TOUR TOOK US ON A ROAD TRIP TO CALEN TO GO THROUGH THE MEMORIAL HALL AND ONTO THE PUB FOR LUNCH AND THE BEST CORNER STORE AROUND!
- THIS MONTH'S COUNTER LUNCH WAS ENJOYED AT HOGS BREATH, THANKS TO ASH AND THE TEAM.
- WE WENT UP THE CEMETARY TO VISIT LOVED ONES.
- VISITS TO THE FOOD BANK TO STOCK UP ON ESSENTIALS, GREAT SERVICE FOR THE COMMUNITY AND ANYONE CAN GO THERE!

IN CENTRE

- WORKSHOP HAS BEEN BUSY CREATING MONTHLY RAFFLE PRIZES. THE APRIL EDITION WENT TO IRENE FERRARIS.
- CREATIVE COOKING CREW MADE MARSHMELLOW BAGS FOR ALL THE PARTICIPANTS TO TAKE HOME AS WELL AS A TRUCK LOAD OF ANZACS FOR ALL TO ENJOY.
- WE ENJOYED A MORNING REMEMBERING THE ANZACS WITH POPPY CRAFT TO MAKE OUR OWN POPPY FIELD BIGGER THIS YEAR AND FEW GAMES OF 2UP. ENTERTAINED BY LILLIAN ORR ON THE ORGAN.
- OUR CRAFT CREW HAVE BEEN DOING AMAZING WITH THE BANNER INITIATIVE. WE DELIVERED AND PRESENTED A BANNER TO 'CHAT AND PATCH' AT THE END OF APRIL', THE LADIES WERE DELIGHTED.

SAVE
THE DATE

MONTH OF JUNE

Wednesday 3rd - Mackay trip
RUSSIA DAY - Friday 12th





clubhouse

WHATS ON THIS MONTH

Every Monday

Friday 1st

Tuesday 5th

Tuesday 12th

Friday 15th

Tuesday 19th

Friday 22nd

Tuesday 26th

Friday 29th

PT with Maggie at Sparklife Studio
(excluding Monday 4th)

SNAGS Mackay

Sailability & creative cooking

BIG 4 Cannonvale Camping Sleepover

Bunnings BBQ fundraiser

Sailabvility & Creative cooking

ECO Barge

Outing

Bunnings BBQ fundraiser



**NEXT MACKAY SNAGS
EVENT IS ON FRIDAY
1ST MAY LEAVING AT 3PM**

Happy Birthday to all
the people celebrating this month.
Management and staff wish you
all the best on your special day.



JESSI CLARKE 7th
ALAN SANDERSON 8th
BEV GORDON 11th
LINDA DUCK 14th
KAREN CONSERDYNE 22nd
MARY MATHESON 22nd
MAUREEN FEWIN 24th
NIGEL KELLION 27th
PAT MURRELL 27TH

JUST FOR LAUGHS



The Senior Mother's Secret to a Long Marriage

An elderly couple, Sarah and Arthur, were celebrating their 60th wedding anniversary. A reporter from the local newspaper came to interview them about the secret to their long, happy marriage.

The reporter asked, "Sarah, in all these years, have you ever thought about divorce?" Sarah smiled thoughtfully, patted her hair, and said, "Divorce? Heavens, no. Murder, yes, but divorce? Never." The reporter laughed and asked, "Well, what about advice for the younger generation? How do you keep the spark alive after 60 years?" Sarah replied, "Well, it's all about the little things.

Take last night, for example. Arthur and I were watching television, and I was feeling a bit romantic. So, I whispered to him, 'Arthur, 60 years ago, you used to hold my hand while we watched television.' And what did Arthur do?" asked the reporter. "Well," Sarah continued, "Arthur sighed, put down his newspaper, and reached over and held my hand." The reporter smiled and said,

"Oh, that's so sweet." "Sweet?" Sarah replied, looking at her husband. "It was nice, but then I whispered to him, 'Arthur, 60 years ago, you used to bite me on the neck, too.' And you know what that old man did?" "No, what?" asked the reporter.

"He got up, went into the kitchen, and came back with his dentures."



KYLIE'S CORNER

Blueberry and oat muffins

Recipe by Healthy Made Tasty

INGREDIENTS

- 2 cups plain flour (white or wholemeal, or a mixture)
- 1 cup oats (quick or traditional)
- 1 cup brown sugar
- 1 tsp baking powder
- 1 tsp baking soda
- 1½ cups reduced-fat Greek yoghurt
- 2 eggs, lightly beaten
- 50g margarine, melted, slightly cooled
- 1 tsp vanilla extract
- 1 cup fresh or frozen blueberries

METHOD

Pre-heat the oven to 180°C. Prepare muffin tins by greasing with margarine or spraying with oil.

Combine flour, oats, sugar, baking powder and baking soda in a bowl. Combine yogurt, eggs, margarine and vanilla in a second bowl. Fold the yoghurt mixture into the dry mixture and stir to combine. Gently fold in blueberries.

Spoon into muffin tins and bake for 20-25 minutes or until the top is golden and springs back when touched.

Delicious

PUZZLE PAGE



Mother's Day

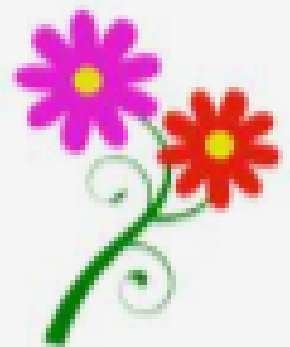
Second Sunday of May



APPRECIATION
BEAUTIFUL
BREAKFAST
CANDY
CHARMING
COMFORT
DEVOTED
FLOWERS
FORGIVING
GIFTS

GUIDANCE
HUGS
JEWELRY
JOY
KISSES
LAUGHTER
LOVE
MATERNAL
MOM
MOTHER

NURTURE
PERFUME
PROTECTIVE
SHARE
TELEPHONE
TENDER
THE BEST
WARM
WISE



PUZZLE PAGE

♥ Mother's Day ♥

WORD SCRAMBLE

1. SFOEWRL _____
2. MHORET _____
3. UALFIEBTU _____
4. SISSEK _____
5. SUHG _____
6. RAAIIOPEPNTC _____
7. ECRDNIHL _____
8. LAMYFI _____
9. AGNCIR _____
10. LOHIDAY _____



MOTHER'S *Day* RIDDLES

Match the Mother's Day riddles with the answers below.
Whoever has the most correct answers wins!

- ___ 1. Why is a computer so smart?
- ___ 2. What do you call a small mom?
- ___ 3. Why did the kids give their mom a blanket for Mother's Day?
- ___ 4. What did the baby Egyptian say when he got lost?
- ___ 5. Why did mommy's gift arrive the day after Mother's Day?
- ___ 6. Why do mother kangaroos hate rainy days?
- ___ 7. What did the digital clock say to its mother?
- ___ 8. What did the panda give his mom for Mother's Day?
- ___ 9. What did the mommy spider say to the baby spider?
- ___ 10. What did the mommy volcano say to the baby volcano?

- | | |
|-------------------------|--|
| A. I want my mummy! | F. It was choco-LATE! |
| B. Look, mom! No hands! | G. They thought she was the coolest mom! |
| C. A minimum | H. It listens to its motherboard |
| D. I love you! | I. Their kids have to play inside |
| E. A bear hug | J. You spend too much time on the web |



NRL FOOTY TIPPING

**AFTER ROUND
8 HERE ARE
OUR TOP 3**

**1ST - MARK
2ND - AMANDA
3RD - PAT**

You are invited to join
us for a celebration



Mothers Day

**HIGH TEA
MORNING CRAFT
2 COURSE LUNCH
RAFFLE**

FRIDAY 8TH MAY

17 STANBURY STREET
STARTING AT 930AM
COST IS \$25 PER PERSON
RSVP BY WED 29 APRIL
4945 2189



BIGGEST MORNING TEA

**Cent
Sale**

**Bake
Sale**

**Lucky
Door**

**Lucky
tea
cup**



Join us on Wednesday 20th May
from 9:30am to raise funds for
Cancer Council.

We will be enjoying a High Tea,
music bingo, cent sale, bake
sale and 2 course luncheon.

Cost \$25 per person
17 Stanbury St Proserpine
RSVP by 6th May to the office. Call
4945 2189 to secure your seat.



Fundraising for

**Cancer
Council**

HAPPY SNAPS



Birthday Celebrations

WHITSUNDAY LEISURE ACTIVITY CENTRE

MONTH OF MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
REMINDERS: Monday 4th Centre Closed Friday 8th Mothers Day Celebration Monday 11th Whitsunday Plaza Tuesday 12th Monthly Tour Wednesday 28th Biggest Morning Tea Tuesday 26th Counter Lunch	 		  	
Sorry We're CLOSED May Day Public Holiday	5 CREATIVE COOKING CEMETERY  KARAOKE MENS CLUB 	6 Jessi's 21st Birthday - 7th  FUNGO DRUM FUN 	 	8 MOTHERS DAY CELEBRATIONS 
11 WHITSUNDAY PLAZA  	12 MONTHLY TOUR  Birthday's Bev-11th Linda - 14th 	13 DRUM FUN FUNGO  CRAFT 	14  	15 YOGA / MEDITATION 
CARDS & GAMES 	19 CREATIVE COOKING  KARAOKE MENS CLUB 	20 BIGGEST MORNING TEA 	21  	22 Karen & Mary M's Birthday Maureen - 24th CARDS & GAMES YOGA / MEDITATION COMMUNITY CRAFT
25 BUNNINGS CRAFT Warehouse 	26  COUNTER LUNCH @ MIDGE POINT TAVERN 	27 Nigel & Pat's Birthday DRUM FUN FUNGO  CRAFT 	28  	29 CARDS & GAMES YOGA / MEDITATION COMMUNITY CRAFT 
CARDS & GAMES			CARDS & GAMES	COMMUNITY CRAFT 